

Eligibility

Services are available at no cost to all City of Fort Lauderdale employees, retirees, and family members ages six and up on the city health plan.

Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.

City of Fort Lauderdale Health and Wellness Center

4750 N. Federal Highway, Suite 300

Fort Lauderdale, FL 33308

754-206-2420

Mon-Wed/Fri 7am-4pm

Thu 7am-6pm

Saturday 8am-12pm



Marathon Health

We care about you.



Your health is our priority.

Our mission is to put you in the driver's seat of your health.

Understand

We provide you with the personal health reports, education, and guidance to help you and your provider understand your health.

Engage

With little to no wait times, your Marathon Health center focuses on time spent with your provider developing a personalized health plan.

Improve

You'll get healthier, and we'll help you celebrate. Group wellness, walking groups, and programs like *Healthy Like Me* cheer your steps toward better health.

This is *your* health center.

Our care is all about you – and we make it easy and affordable. Stop by and say hello! We're here to help you get healthy and stay healthy.



Care

For common illnesses, flu, headaches, rashes, prescriptions, and labs



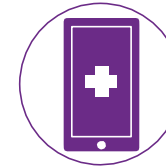
Coaching

For nutrition, tobacco, stress, exercise, and chronic conditions



Assessments

For cholesterol, glucose, blood pressure, height, and weight



Portal

A one-stop location for your personal health record, trackers, and health information

To schedule an appointment, call your center or book online at: **my.marathon-health.com**.